

# 2012 A CLARION CALL

An Interview  
With  
Nicolya  
Christi

By Anthony Mrocka



According to ancient Mayan prophecy, December 21, 2012, marks the moment of humanity's rise or fall. Our rise depends on higher consciousness and raised vibration as well as the expanded awareness of a critical mass of people. As humanity enters the evolutionary transition from Homo sapiens to Homo luminous—from 3rd-dimensional human beings to 5th-dimensional beings of light—we are being called to fully participate in the dawn of a New World built upon unconditional love, co-support, cooperation, equality, unity, peace, justice, and sustainability.

Sounding the clarion call for a global shift in consciousness starting at the personal level, Nicolya Christi presents a step-by-step guide to healing and transforming your inner world. We got to catch up with Nicolya to ask her some questions about her amazing book and the evolution of our planet.

**ESM** - Can you briefly explain the inspiration and experiences that led you to write "2012 A Clarion Call"?

**Nicolya** - For several months before writing Clarion Call, I was experiencing the numbers '2012' emblazoned like a stamp in my 'third eye'. I felt that I was living and breathing the reality of the approach of a date that I sensed to be profound and instrumental for humanity. I could feel it and sense it in every cell of my being and this gnosis flooded my consciousness day and night. Then, one cold

March morning in 2009, I awoke with the title: '2012: A Clarion Call – A Wake Up Call for Humanity' imprinted in my brow chakra. I was seized with a gnosis that I must write a book, which I had never before contemplated. An interesting process ensued from that point, which I share in the book. Suffice to say, the book was written. However, my publisher suggested we change the sub-title to 'Your Soul's Purpose in Conscious Evolution' which became the case. However, for me, its original sub-title really sums up its true message.

**ESM** - For the people who fear Dec 21st 2012, what would you say to them?

**Nicolya** - I would say that there is NOTHING to fear and EVERYTHING to be excited about! December 21st 2012 is the end point of grand cycles of time, the moment that all time lines converge, and the moment of a significant astronomical alignment, as well as other auspicious metaphysical factors which I write of in great depth, in my book, 2012: A Clarion Call. 21/12/12 marks an end, but more importantly it signifies a BEGINNING. It is the beginning of the end of old ways, and the old paradigm. As I write in the book, 2013 presents a blank slate upon which humanity can begin to write not his-story, or her-story, but this story – OUR story.



**ESM** - For the ones who are starting to feel there is a bigger reason why they are here. A "Calling". What would you suggest to them to start their journey?

**Nicolya** - A good question. To answer this succinctly, I would say focusing equally on psychological and global evolution is essential. I strongly believe that for a world shift to occur, we each need to have made a significant inner shift. An inner-shift equates to a world shift. Inner-peace = world peace. So, my advice to anyone interested is to seek out those who can support your personal psychological and spiritual evolution, to go out of your way to read related books, attend workshops, work one-to one with an evolutionary guide, and join or support a better- world initiative like Avaaz, Occupy or WorldShift Movement and WorldShift International, etc.

**ESM** -The planet is moving from a 3rd dimension reality to a 5th dimension reality. What does this mean for humanity

**Nicolya** - Any shift entails a moment of turbulence. Think of what happens when you shift gears in a vehicle. There is a moment when the engine disengages, and even though the vehicle continues to move forward, reaching the destination becomes dependent upon the appropriate gear change to the next level necessary to ensure arrival. Once this takes place, the journey runs smoothly again as long as we are in the gear that ensures the journey progresses!

We can think of those gears to be like the shifting of consciousness from a 1st to a 5th level. If we are meant to be in 5th gear, and we try to go from 3rd to 5th but engage 2nd, the car will, at the least, suddenly and violently jolt, but worse could create a dangerous situation, bringing the journey, (evolution) to a standstill.

If we move from 3rd to 4th gear the journey runs smoothly, and at a slower pace, yet the trajectory is progressive. If we go from 3rd to 5th, momentum is momentarily lost

while the vehicle (ourselves) catches up with the shift, at which time it re-establishes a forward trajectory.

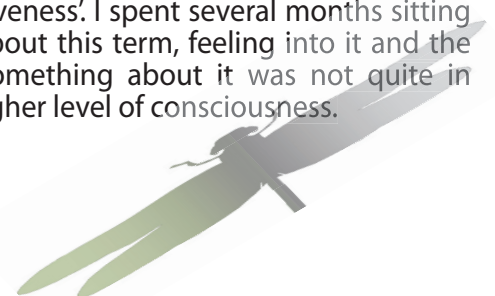
If we change from 4th to 5th gear, the journey becomes substantially faster in its trajectory forwards and tends to effortlessly flow, once established in 5th. So, in regard to the 3rd to 5th dimensional shift, we can expect moments of lost momentum, sudden jolts, a sense of stalling, and danger if we are going backwards in consciousness.

However, if we are on a conscious evolutionary curve, we can move from 3rd to 4th, and from 4th to 5th ensuring a smooth arrival into 5th a dimensional consciousness.

In Clarion Call and my New Human – New Earth book, I write of the 12 Phases of Ascension, which are, if you like, a guide to the physical, emotional, mental, psychological, energetic, psychic and spiritual symptoms/process that can occur as a result of consciousness shifts. Ultimately, when 5th Dimensional consciousness is being lived as a reality by enough people, it really will result in peace on Earth. 5th dimensional living entails the whole-scale transformation of global systems into those that honor and respect the rights of every human, animal and all life on Earth.

**ESM** - In the chapter "The Human Shadow" you speak of the ego and self, fairy tale. In order to heal and ascend, it is not necessary to make amends and ask for forgiveness from everyone? As long as you can forgive yourself and the actions, you can be free?

**Nicolya** - We need never look outside of ourselves for forgiveness, we need only truly forgive ourselves. Since writing Clarion Call three years ago, I have moved away from the term 'forgiveness'. I spent several months sitting in contemplation about this term, feeling into it and the sense I had that something about it was not quite in alignment with a higher level of consciousness.



My own viewpoint is that the act of forgiveness has been grossly distorted throughout history and especially through the misrepresentation of religion. My contemplations and meditations led me to recognize how the act of forgiveness has a very, very subtle power dynamic to it, albeit a dynamic that is unconscious in most people.

I was feeling deeply into the energy of forgiveness and how each party may experience it. What I sensed was how generally, rather than forgiveness proving a unifying experience, it was somehow polarizing. The 'forgiver', was often placed in a position of 'righteous blame', offering a pardon, while the 'forgiven' tended to be in the position of 'blame' and 'self-blame', giving rise to feelings of guilt, self-loathing, and so forth.

There is a 'right and wrong' energy about forgiveness. My sense is that new paradigm consciousness seeks not to forgive, yet to instead 'understand'. The energy of feeling understood, rather than forgiven, or understanding, rather than forgiving, instills peace within both the 'understander' and the 'understood'. Whereas, forgiving or granting a pardon, or being forgiven or pardoned, leaves an unease at a deeper level in both parties.

The unconscious forgiver tends to default into a 'power-over' mentality. The conscious forgiver is often left with some vague sense of sadness, as a result of the act of forgiving another. This is usually triggered by the witnessing of shame and guilt in the one who has been forgiven, and because the forgiver recognizes similar conduct in themselves somewhere along their own timeline. By becoming one who deeply understands, and one who feels deeply understood – an harmonious balance occurs, where neither feel any after effects of discordant emotions. No 'imprint' remains of a, "You did this to me and I forgave you." Or, "I did something bad and you forgave me" – this dynamic cannot arise with the act of deep understanding.

However, in order to embrace this new way of dissolving the ruptures in the bonds between ourselves and others, we need to understand what true 'understanding' is. This is a subject for a workshop or another book!

What I can advise at this stage, is to feel into the differences between forgiving and deeply understanding, and being forgiven or deeply understood. Think of someone whose actions you need to forgive. Now think of someone you need to be forgiven by for your actions. Really sense how each scenario makes you feel when you imagine the act of forgiveness.

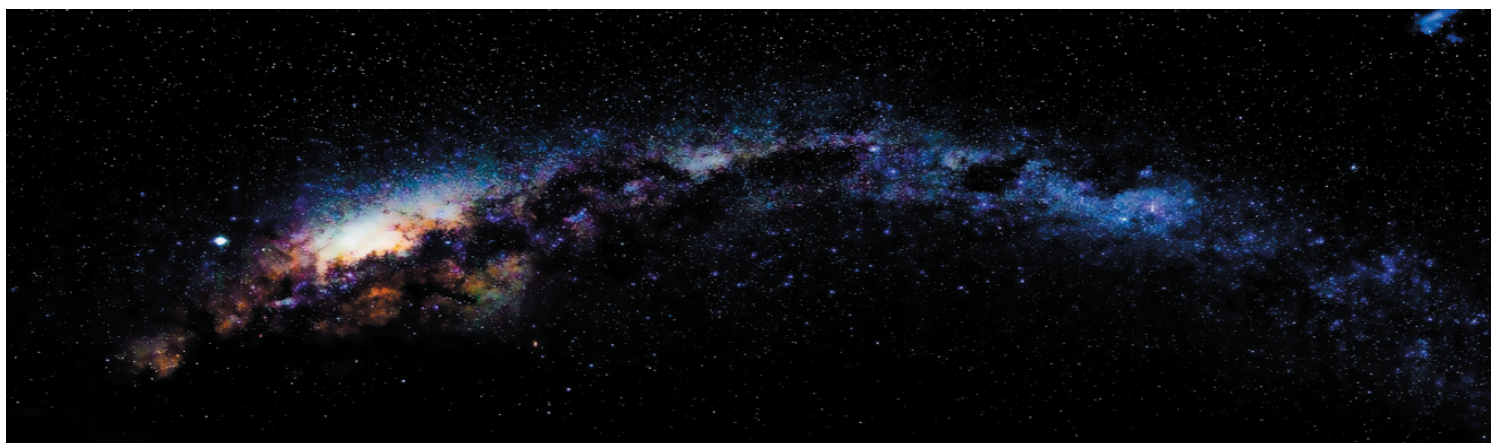
Think of someone whose negative actions require your understanding. And now think of someone who your negative actions impacted, and who you need to really understand you.

Understanding requires us to delve deeper into the feelings, actions and experiences of another. It invites us to be curious about what triggered the action that hurt us. Understanding also invites us to apply the same thinking to ourselves, and our own dysfunctional actions, which may have hurt another. What is most important is to gain a sense of what the 'need' is behind any negative action. What need in the other, or yourself, is not being met?

All dysfunctional actions are the result of unmet needs. Everyone has a history, most people experience events which cause pain. It is the psychological history that drives dysfunctional behavior. It requires an elevated consciousness to 'understand' another, and doing so invokes compassion, empathy and unconditional love.

What I have come to understand is how these three virtues of grace form the foundations for 'understanding'. My sense is that the term 'forgiveness' originated with a pure intent, yet the pure origins and intent of forgiveness have become distorted beyond recognition.

When Jesus said "Forgive them for they know not what they do", He was expressing His understanding of true forgiveness – "for they know not what they do". This is the fundamental truth behind all dysfunctional actions. The unconscious mind is what is driving the behavior, not the conscious mind, and because of that, 'they do not know what they do' is the reality. It is this that we must seek to understand, when looking at the transgressions of ourselves or others..



**ESM** - Do you believe traditional prayer will be changed? Instead of asking in prayer, it would be more affirming what we are asking for and believing it has been done already?

**Nicolya** - I sense that traditional prayer will remain a practice for many, as it will take some time for those who pray, in the religious sense of the term, to liberate themselves from the ingrained pattern of how they have been taught to use prayer. However, I also sense that those who are raising their consciousness will use the act of prayer in its most sacred and pure expression, moving away from praying for salvation and help, to instead experiencing a form of ecstatic prayer where one prays in a state of exaltation, joy and reverence for the gift of life, the miracles life brings, and for direct communion with the Divine/Source/Creator/God.

Ecstatic prayer needs to form a part of our everyday life. And yes, prayer has a special role for those who are praying for the end of suffering, be it their own, a loved one, or for the suffering in the world. Yet, by praying for something we already have, before it is a physically tangible, or a spiritually experienced reality, often brings that something into our lives.

The act of prayer with the bringing of hands together, entering reverential silence, connecting with both the inner-divine, and the Divine, is a basic spiritual prerequisite for overall health and all levels of well-being. I pray that the deeply spiritual and yet elevating ritual of ecstatic prayer becomes an integrated expression of love and gratitude, and forms an integral part of our meditation and conscious evolution practice.

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**ESM** - Do you believe Jesus knew these truths and therefore was accused for blasphemy at the end of his days?

**Nicolya** - My perception is that Jesus was fully aligned with Source – and came to re-orientate a humankind who were rapidly losing their way. My sense is He was the living embodiment of a fully realized Being on Earth, but also a man. He knew the Great Truths, the human condition and the difficulties of living on the Earth. He was aware of everything that philosophy, physics, metaphysics, science and meta-science, and spirituality have taught right up to this present day.

**ESM** - Have you been shown any new advances in science into the new age?

**Nicolya** - What I have been shown is so advanced that it would seem like fantasy, just as the technology of today would have appeared to someone living 500 years ago. A channeling came through me in 2008, but it is too long to mention here, and perhaps even too futuristic in content to share in this interview. However, the full channeling is in my new book 'New Human – New Earth: Living in the 5th Dimension'.

In direct response to your question, I am shown only visions which are of 5th dimensional Earth. What I am shown seems to fast forward to a 5th dimensional reality. Most people are still locked into a 3rd dimensional consciousness. I am not shown new advances that pertain to the immediate future, as I am located in 5th dimensional consciousness and beyond. The 2008 channeling revealed life on Earth at the higher levels of 5th dimensional consciousness, as well as 6th dimensional life. (Each dimension has levels within it from the lowest to the highest). My sense is the advances to be made in the coming decades will take us full circle as we turn towards nature for future technologies, which will include mainstream use of solar, sea and wind power. I also sense an exponential explosion of the use of crystals in wide-scale technology. The primary energy sources of today will cease to exist.

**ESM** - Beyond 2012 what are your thoughts about traditional psychotherapy? Will it slowly be replaced by hypnosis and energy psychology? (Eft, Tft, etc)

**Nicolya** - Well, I believe that hypnosis and EFT etc are part of the overall psychotherapy model in the respect that they can work alongside each other. Because of the changing planetary frequency, the impact and influence of Galactic and Extra-Dimensional (off planet) consciousness streams will continue to imprint into the Earth's grids and planetary consciousness. This, in turn will continue to impact the human grids and consciousness. As a result, healing techniques yet to be discovered, will support and facilitate rapid evolutionary changes within the physical, emotional, mental, energetic and psychic levels of the human being.

In fact, this phenomenon is already occurring within established and new therapeutic practices. I speak of this in great length in my new booklet, the title of which I mentioned earlier in our conversation. So my sense is that there will always be a place for therapeutic conversation, and practices, yet, new models will emerge and all will serve to support a wave of evolutionary Galactic and off-planet downloads which continue to stream onto Planet Earth. It is these downloads which will produce the most rapid evolutionary shifts within human beings.

**ESM** - Are you working on any new projects?

**Nicolya** - Yes, I am working on several manuscripts regarding the psychological and spiritual evolution of human beings, as well as channeling reams of information about the next evolutionary level for 'awakened' humans on Earth – this is the 5th dimensional work. I am also traveling with the workshop; 'New Human – New Earth: Living in the 5th Dimension', and will begin teacher-training courses in the Autumn on 'Practices for Living a 5th Dimensional Life' - so people can go out into the world and teach this new way as humanity awakens. At the same time, I am co-evolving WorldShift International, and in the throes of re-launching WorldShift Movement.

*'Ultimately, when 5th Dimensional consciousness is being lived as a reality by enough people, it really will result in peace on Earth.'*

**ESM** - You are the founder of the "Worldshift Movement." Can you tell us a little about it and how can one become a part of it?

**Nicolya** - Well, this is a long story! In a nutshell, WS Movement is a Movement for the people. It has been redefining its role to fill a gap in society for the times we are live in, and to support what people are now in most need of regarding their personal evolution. At the same time, it supports the growing needs of a consciously awakening and evolving collective consciousness. So it is an invitation to anyone who wishes to evolve at a personal level and be part of an evolutionary world shift.

So, WS Movement is about to re-launch – we are working hard to get it ready. Anyone who wishes to join us in supporting the development and establishing of WS M is welcome. We are all volunteers, the payment we receive is the invaluable feeling that comes from being a part of a global community which seeks to co-create conscious evolution and a world shift. To join simply email [info@worldshiftmovement.org](mailto:info@worldshiftmovement.org) sharing why you would like to join and what you feel you can bring to the Movement to help it grow!

*Nicolya Christi is a Visionary, Conscious Evolutionary, Author and Writer. She is the author of '2012: A Clarion Call - Your Soul's Purpose in Conscious Evolution', '2012: A Clarion Call: A Book of Meditations' and 'New Human - New Earth: Living in the 5th Dimension'. She is the Founder of WorldShift Movement, Co-Founder of WorldShift International, and a Co-Initiator of WorldShift 2012.*

*Nicolya is deeply resonant with the core message of Sufism - Unconditional Love and Living From the Heart - and is especially connected to Higher-Dimensional Beings with whom she is in daily contact.*

*June 1997, marked the beginning of a series of extraordinary out-of-body experiences, culminating in the most profound to date which occurred in the early hours of October 15th 2009 when Nicolya was spontaneously propelled into an Exalted State:*

*- a state beyond emotions, thoughts, feelings, mind, and awareness of Self, and into Absolute Oneness with All That Is – Source.*

*Nicolya experienced momentary Enlightenment and the embodiment of that State of Perfected Union between the Human and Divine Self - which is Pure Love, Pure Light and Pure Bliss. This profound experience revealed to her that humanity is now ready for the next phase of human evolution – a transmutational evolutionary process from 3rd to 5th Dimensional Beings - from Light-Workers to Light-Beings.*

*Nicolya is writing two new books: 'New Practices for Living a 5th Dimensional Life' and 'Self-Actualisation: A Handbook for Psychological and Spiritual Evolution'.*

*Nicolya is currently based in Rennes le Chateau, Southern France.*

[www.nicolychristi.com](http://www.nicolychristi.com)

